



**Parochial Athletic League
Diocesan Track Meet**

May 22, 2010
Grades 1-4
May 23, 2010, 2010
Grades 5-8

Saddleback College
Mission Viejo



Open to students in Grades 1-8.

Each entrant is allowed to compete in 3 events.

Entry fee \$11.00 regardless of the number of events entered (checks payable to Sts. Simon & Jude School). Fee includes the t-shirt.

We will need a LOT of parent assistance this year. Please contact the PE Office to sign-up!

All entries must be *received* by May 5, 2010.

PARENT MEETING: Date and time to be announced.

EVENTS

<u>Event</u>	<u>Grade Level</u>
100 m. dash	1 - 8
200 m. dash	1 - 8
400 m. dash	1 - 8
4 X 100 relay	1 - 8
4 X 400 relay	4 - 8
1600 m. run	4 - 8
Long Jump	1 - 8
Softball Throw	1 - 8

Student Name _____ Grade _____

Gender M F (circle one)

T-Shirt Sizes: YM YL AS AM AL AXL
Additional T-shirts @ \$7.50 ea _____
Long Sleeve @ \$10.00 ea _____

Events: (leave blank if not sure)

- 1) _____
- 2) _____
- 3) _____

I give permission for my son / daughter to participate in the Parochial Athletic League track meet. I understand that I or a legal guardian must be on site throughout the meet. I certify that my child is in good health and able to compete in this meet with no restrictions.

Signature: _____